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EUCLID OBSERVER

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What We Did Last Summer

Patrick Carmody dropping off donations to Euclid Hunger Center

by Kelly Butauski

Gardening sounds like a summer activity, but the Memorial Park Community Garden (MPCG) is busy all year long. Our gardeners, volunteers and leadership team work every month. We start meeting in January, planning for the year ahead. In February, we hold our seed swap and seed starting demonstration. By March, our gardeners register for their garden beds. It is very cold in the MPCG when we hold the onion-planting workshop in March. By mid-April, the water comes on and some gardeners put in spring vegetables. It's still cold, but who can wait. Everyone pitches in to clean up the grounds, stake new plots, and get the MPCG organized for what is to come.

So, as we plan and plot for this year's garden season, let's look back at last year. May was all hands on deck as gardeners prepared their beds and planted their crops (some gardeners even put up deer fencing). We went to the Euclid Hunger Center to present our annual Gardening in Containers class. Each attendee received a vegetable or herb in a container to take home. At the very end of May we set up our tents at the Euclid E. 200 Street Stroll. This was our big fundraiser, with lots of bakery items and plants sold. But, we also talked to people about gardening and why it is so important. June brought us gardening, gardening, and more gardening. So much work to do! In July, we had another big MPCG clean up to show off the garden as a stop on the Euclid Pond & Garden Tour. A new event this year was entering a vegetable exhibit for the Cuyahoga county fair. We won third place, which is not bad for a first try! That team

(continued on page 5)

Calling All Opera Lovers

by Suphie Wesner

March 8, 2015, The Euclid Symphony Orchestra presents a concert of Great Overtures. Fun and entertainment for the whole Family.

Euclid Symphony Orchestra, your favorite local community orchestra with deep roots in Euclid, presents a thrilling back-to-back production of works from legendary Beethoven to majestic Verdi. Calling all opera-lovers. We are specializing this time in famous overtures, namely, Beethoven's Egmont, the Nabucco Overture, Gluck's Iphigenia in Aulis, and even the ravishing overture by Schubert, Fierrabras. Each overture is different, and has its own unique, story. We encourage you to come and listen.

Here is a bit of the back-story or plot-line of each overture. Iphigenia in Aulis tells the tumultuous story of the remarkable, yet mythological heroic figure, Agamemnon, father of Iphigenia, the title character of this overture. The story also involves the legendary mythological figures Achilles (yes, the guy your heel is named after), the King of Thessale, Patrocle(s), Calchas, high priest of the temple of Diana, Arcas, captain of Agamemnon's bodyguard, various Greek back-drops (choruses of priestesses of Diana, etc) and military figures. This story takes place at Aulis, on the eve of a battle with Troy whose purpose is to avenge the abduction of "the Lovely Helen."

Diana takes revenge on Agamemnon whom she accuses of having once killed one of her stags. The high drama of the story involves her demand that Agamemnon sacrifice his daughter Iphigenia in retribution for his sin. To make a long (and twisted very complicated story) short, the called-for sacrifice of Iphigenia to Diana is eventually decided to be unnecessary, as sympathy for the innocent daughter and her parents, and Achilles' clout, preclude it. A happy ending is the result for all.

Egmont Overture we study the life and times of 16th-century nobleman, the Count of Egmont. Composed during the Napoleonic Wars, this opera was written by a Beethoven enraged at the actions of whom he saw as an arrogant Napoleon who usurped his power without listening to the voice of the people. As a result, Beethoven used reverse psychology on Napoleon to diminish this leader whom he saw as corrupt, and to highlight a noble character for once the selfless Count of Egmont. In style, this overture is similar to that of the Fifth Symphony, is one of the last works of Beethoven's Middle Period, and is as famous as the Corolian Overture.

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Candygrams!

by Sarah Myers

In the month of February, students were able to order a sweet treat for friends or teachers with Imagine Bella Academy of Excellence's first ever Valentine's Candygram Sale. Ms. Caddick greeted students in the morning and helped them to address their candygram for someone special. Student helpers delivered candygrams on the morning of February 12th. What a sweet surprise to start off the day!

Ms. Caddick helps students pick their candygram.

Euclid Hunger Center Renews Its Commitment to the Community

EHC Manager, Grace Wright and Interim President, Ellen Ivory, celebraing the work of the Euclid Hunger Center

by Ellen Ivory

The City of Euclid showed their love for the Euclid Hunger Center on February 12, 2015, as friends gathered for a Valentine-themed benefit at Paradise Island. The trustees and staff were there to meet and greet their guests, offering them hors d'oeuvres, refreshments and beautifully wrapped themed-raffle baskets.

"It is always so heart-warming to see the great support we have for the Center and our mission," states Grace Wright, manager of the Center. "On a very cold evening many came by to support our 'Neighbors Helping Neighbors' philosophy.

As the trustees work to meet the growing needs of the community, we wish to express our deepest gratitude to Mr. Gary DeWine who has served as the President. He has spent countless hours guiding the board, raising money, and providing physical labor.

As the newly-elected interim President, I am honored to once again spend time with the great volunteers, trustees, staff, and clients of the Center. As we remain passionate and dedicated to providing quality food staples and grocery items for needy Euclid residents, we invite you to assist us in our mission.

The Center is located in Room 17 of Shore Cultural Centre, 291 East 222nd St. Clients may receive assistance once a month by providing proof of Euclid residency and proof of family size. Call 216.731.3329 for information about assistance or to donate. You may also visit our website at www.euclidhungercenter.com.

You Can Help the SaxMan

by Christopher Baxter

It's a Cleveland story. The Sax Man tells the inspirational story of the life and legacy of the beloved and iconic street musician, Maurice Reedus, Jr. The son of a Grammy Award winning sax player, Maurice was once a rising star in his own right. But today, he barely makes ends meet as a humble busker, his audience no longer a stadium of tens-of-thousands, but rather the crowds exiting a stadium where they've come to see someone else perform. Now at 60 years of age, Maurice continues to play on, resigned to reflect on that time on the stage as his best years gone by. Yet as he longs to revisit those good old days just "one more time," a surprise invitation to reunite with his old band gives The Sax Man one last chance to take the big stage – and the opportunity to show the people of his city the true musician Maurice Reedus Jr. really is…

At 7:00 p.m. on March 7, 2015 at the Atlas Lakeshore 7 in Euclid, see The Sax Man on the biggest movie screen in the Cleveland area for just $10 a person. This one time special event is being hosted by Atlas Cinemas as a fundraiser for the film to help get the documentary into distribution, and get Maurice's story out. Let's help filmmaker Joe Siebert reach his goal, and enjoy this amazing story together for one night only.

Dialogue

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Published monthly with a current circulation of 10,000+ copies. The paper is made available free of charge and can be found at business locations within the City of Euclid and on our web site. The views and opinions expressed in this publication do not necessarily reflect the views and opinions of the publisher and staff.

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You can mail your stories to the Euclid Observer office at 650 E. 185th St., Cleveland, 44119.

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PHOTOS Johan Kenney

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From the desk of Mayor Bill Cervenik

Dear Friends,

We made it through a bitter cold January and February and like many of you, I am ready to say goodbye to winter and hello to spring. March is filled with several celebrations and observances including, St. Patrick's Day, the first day of spring, women's history month, national nutrition month and it is also when we recognize the efforts of the Red Cross.

The American Red Cross supporters, volunteers and employees have helped save countless lives and have been involved with disasters and hardships around the world. They are also the nation's largest blood collection organization supplying approximately 40% of blood and blood products used in our country. Recently, the Red Cross issued a blood emergency for our area. It is no surprise that our harsh weather has negatively impacted blood drive collections resulting in distressing low levels of available blood at hospitals and clinics. With that in mind, the City of Euclid will be having a blood drive on Tuesday, March 24th from 10:00 a.m. until 3:00 p.m at the Municipal Center, 585 East 222 Street. The blood drive is open to the public and walk-ins are welcome or you can schedule an appointment by calling 1-800-REDCROSS or by going to www.redcrossblood.org, enter the keyword: 44123. An Atlas Cinema movie coupon (BOGO) will be given to all participants. To donate, you must be at least 17 years old, weigh at least 110 pounds, and be in general good health. Every pint of blood donated will help in saving the lives of 3 other people. Please consider donating!

Wishing you warmth and sunshine,
Mayor Bill Cervenik

Two New Members Appointed to the Euclid Landmark Commission

by Edward Chenock

n February 2015, Euclid Mayor Bill Cervenik performed the oath of office to appoint John Paul "J.P." Kilroy and Rebecca McFarland to the Euclid Landmark Commission. Kilroy and McFarland join John Williams, D. Fay Miller, and Edward Siplock on the five member commission. Following the appointments, the commission members unanimously chose McFarland as Chair of the Commission.

McFarland has been a resident of Euclid for twelve years. She serves as the Marketing and Communications Manager for the Euclid Public Library, where she enjoys promoting the rich history of the area through the library's website and special events and programs. She is delighted to have the opportunity to further contribute to the promotion of the history of Euclid as a member of the Landmark Commission.

The Euclid Landmark Commission was created in 2003 to designate and protect the historic buildings, neighborhoods and artwork found throughout the city. Since its inception, the Euclid Landmark Commission has designated eight local landmarks.

The most recent addition to the list of Designated Landmarks is the Euclid Township High School, which was designated in October, 2014. It was built in 1894 and served as a high school until 1913 when Euclid Central and Euclid Shore high schools both opened. Today, the former High School houses the Euclid Historical Museum.

Other Landmarks include Euclid Cemetery and two Wickliffe-on-the-Lake estates on Lloyd Road north of Lakeshore Boulevard. Also listed is the former home of Kenneth Bates, a renowned artist at the Cleveland School of Art, located on E. 194th Street. The Bates house is unique for its incorporation of the post-modern "international" style of architecture.

Residents are encouraged to notify the Euclid Landmarks Commission of historic buildings, including houses, neighborhoods, and works of art that are worthy of landmark designation. Commission meetings are held on the second Thursday of each month, with official meetings at Euclid City Hall at 585 East 222nd Street, and work-session meetings held at the Euclid History Museum, at 21129 North Street. All meetings are open to the public.

Ask an Officer

by Kate McLaughlin

Answers have been provided by Officer Jennifer Kroczak, Community Policing Unit.

Question: What happens with a juvenile who is involved in a criminal incident within the City of Euclid, and what is an unruly juvenile?

Answer from Detective Dan Sawyer, Juvenile Unit & Kate McLaughlin, Community Policing Unit:

Students fighting with each other at school, youths trespassing on private property, and drug possession are three examples of criminal activities requiring police investigation. Officers that respond to an incident, that involves youths engaged in criminal activity, investigate the complaint and then complete a report and fact sheets for the juveniles involved. These juveniles are either taken home or taken into custody until the parent or guardian can pick them up at the police department. The report and fact sheets are processed by the Juvenile Unit then sent to Cuyahoga County Juvenile Court for intake processing. The Court will determine the charge and whether court action will be taken, or if the juvenile is eligible for Euclid's Juvenile Diversion Program. If the case remains with Juvenile Court, the family will be contacted by the Juvenile Court, where the family can address the issue of guilt or innocence. If the case is sent to Juvenile Diversion, the family will be contacted by the police department's diversion administrator. Diversion is only for juveniles that will admit to the offense. Diversion juveniles who complete all sanctions without violating any of the conditions, and if the juvenile does not commit another crime or status offense before age 18, will have the informal diversion record destroyed. This allows the juvenile a second chance to have a clean record for employment or higher education opportunities.

Unruly juveniles are defined as any child who does not submit to the reasonable control of the child's parents, teachers, guardian, or custodian, by reason of being wayward or habitually disobedient; and any child who behaves in a manner as to injure or endanger the child's own health or morals or the health or morals of others. When parents file an unruly charge against their child, which is a status offense, it will be processed in the same manner as a criminal offense and the juvenile will be required to attend court or a diversion program.

If you would like to submit a question to Ask an Officer, contact Community Policing at the Euclid Police Department: email kmclaughlin@cityofeuclid.com or call 216-289-8449.

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Three keys to wellness and pain relief.

William Welches, DO, PhD

Webster's defines wellness as "the quality or state of being in good health especially as an actively sought goal."

In healthcare, wellness also refers to holistic or complementary medicine. Cleveland Clinic Pain Management specialist William Welches, DO, PhD, says that in his area of care, physicians take into account a patient's overall physical health.

"People are often seeing other specialists and come to us with a complex set of problems," says Dr. Welches. "If they have asthma and back pain, we consider how the asthma is affecting the back pain and try to help them manage it from a holistic perspective."

When working to alleviate a patient's pain, Dr. Welches usually begins with three self-care steps:

Anti-inflammatory diet

Dr. Welches says an anti-inflammatory diet helps reduce pain and can also greatly improve coronary issues, diabetes and many other chronic conditions. "We often see a dramatic turnaround quickly when a patient starts an anti-inflammatory diet," says Dr. Welches. "It can be hard to follow, but patients who are in pain are often more willing to change."

An anti-inflammatory diet is mainly composed of fruits, vegetables, lean proteins, and foods rich in omega-3 fatty acids. Too much (red) meat and processed foods that include harmful oils, trans fats, sugars, salt and artificial food additives cause inflammation that often leads to pain.

Walking for exercise

While all exercise is good, Dr. Welches says simply walking can help with back, spine and neck pain by working the sacroiliac joint at the base of your spine. "It is remarkable what a 30-minute walk every day can do for a person," he says.

Stress control

While exercise can help manage stress, it is not the total answer. There are many ways to manage stress – it's a matter of making it a priority. "Stress control is a personal thing," says Dr. Welches. "People need to find what works for them." He recommends everything from yoga to tai chi to meditation.

"In Pain Management, we need to look at the whole patient and integrate all of these self-care techniques to achieve the best possible outcomes," Dr. Welches concludes. "The patient is involved as part of the healthcare team."

Dr. Welches sees patients at Euclid and South Pointe hospitals. For an appointment with Dr. Welches or another Cleveland Clinic Pain Management specialist, call 216.444.PAIN (7246). Cleveland Clinic offers same-day appointments.

March is Colon Cancer Awareness Month.

Colon cancer is one of the most preventable types of cancer, and yet it is the second leading cause of cancer death in the U.S. Please help as we work to change this fact. Take our free and quick online risk assessment at **clevelandclinic.org/marchforth**.

Community

Dontrell Callahan wants to be your Sensei

by Jerry Pockar

Dontrell Callahan slips into one of his trademark smiles and says, "Martial arts is very different than most people think. Jackie Chan and Bruce Lee were great, and their aggressive, warrior roles captured me as a boy. But I came to learn the heart of martial arts is ATTENTION to what's going on inside you, to other people and to the situation you find yourself in. It calls for disciplined physical techniques, but it all starts with awareness."

The 37-year old sensei (teacher)of the Black Dragon Kenpo dojo (training place) in the Shore Cultural Center should know. He's a third-degree black belt of the kenpo school of karate. He's been designated a "world class competitor," and you become aware it would not be a good idea to pick a fight with the Bowling Green University grad, who has also expressed himself as a writer, editor and singer. Callahan feels peaceful though, and the Euclid native confirms the impression. He emphasizes his martial arts tradition is defensive.

He says, "Martial arts is a tool for allowing a person to discover themselves and move in the world with attentiveness and self-control. The philosopher said, 'Know thyself.' If you don't have self-awareness and can't control yourself, how do you expect to achieve positive control in a challenging situation."

Callahan was first exposed to martial arts by his brother; then, three years running, the minister's son went to summer camp at Case University and spent all his time with the camp's martial arts instructor. He fell in love with the discipline and grace the practice brought to his life and he became a lifelong student. He took over a Euclid dojo from his sifu (master) and subsequently moved the school to the basement of Shore. Callahan will be pleased to explain to you the complex history and particulars of the martial arts variant he teaches.

He will also be pleased to enroll your child or yourself in his school, which charges $45 for eight monthly classes. The word on the street is that Callahan is a first-rate sensei, one who is gentle, sensitive and rigorous.

Euclid resident Sunny McClellan Morton says, "Dontrell is knowledgeable and strict about my sons' learning, but he's also patient. My sons enjoy Black Dragon Kenpo so much my husband started, too. Now they all have something fun in common. They're just not allowed to practice on each other in the living room."

Not in the living room, but absolutely in the Shore Center. Callahan is waiting there (216.450.0581) to tell you about Black Dragon Kenpo and what it can do for your children or yourself. He says, "I think I'm a much better Dontrell for martial arts. It's taught me to 'read the room,' to pick up cues, to use my energy and intelligence to move effectively in the world. It really has taught me to know and express myself. I love passing that way of knowledge on."

Sensei Dontrell, demonstrating a "blocking counter-attack"

Team Black Dragon showing off their newly acquired rank and awards

Team Black Dragon proudly demonstrating the "Fight-stance"

Going Nuts for Euclid

Even the animals in Euclid say the future is promising.

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Community

What We Did Last Summer

(continued from front page)

is vowing to win it this year. At the end of August, our master gardener conducted a "garden walkabout" to discuss problems and successes with gardeners and visitors.

Throughout the season, the hunger center team took care of four hunger center beds. They prepared the beds, planted the crops, watered and weeded them. Every Wednesday and Saturday morning, they cleaned ripe produce and took them to the Euclid Hunger Center. That was a hard working crew. However, it was so worth the effort. We sent a record 800 plus pounds of vegetables and herbs to the hunger center!

Well, you can't just walk away from the garden when the growing season seems over. In October, our How to Put Your Garden to Bed demonstration taught gardeners how to close their garden correctly and save effort in the spring. While it was very cold in October, at least it didn't rain on our MPCG Harvest Celebration as it did the year before. We put up the tents, cooked some food, played games and had a ball. Gardeners went back to work in November for the official garden close out and final clean up. In December, we held our annual holiday party at Sticks in Briardale Greens. It was a very good party.

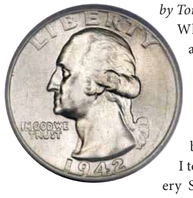
We had a great year. We're gearing up for another one. If you would like to become involved in any of these activities let us know at memorialparkcommunitygarden@yahoo.com. For more information about MPCG and to read our gardening newsletters visit http://www.cityofeuclid.com/residents/EuclidMemorialParkCommunityGarden.

Games at the Harvest Celebration

E, 200 St. Stroll

Scott Bailey & Laura Elersich show how to plant in containers at the hunger center

The Silver Quarter



by Tom McGinty

When I was a young lad and Ike was president, my father took my brother and I to church every Sunday. Just before we loaded into that ugly 4 door Plymouth, he would hand us each a quarter to put in the basket as it was passed around. The usher slid the basket with long handle by and I would drop that shiny quarter into the basket with other ones and fives. On Christmas and Easter there were some tens and twenties. I would think to myself why can't I keep the quarter, as it was such a pittance compared to other's contributions. How much difference could a quarter make?

When I was 20 the winter was as bad as it is now. I was walking along Euclid Avenue downtown when a withered old man approached me with his hand out. He hadn't shaved in a while and was wearing a dirty and torn old trench coat like the one my mother gave me for my birthday. He had his hand out while looking down at the ground and asked me if I could spare a quarter for him to ride the bus that night where he would be warm and safe. I too looked down as he approached and noticed that his tennis shoes were wet and he had no socks on.

My mind was racing about what to do. Should I look past him and walk by? Should I stop and give him the quarter and hope that it went toward a bottle of cheap wine? I studied the man for a moment and realized that he was someone's loved one that was lost on this earth and had no way to help himself. There was a bunch of bills in my pocket. Spending money for the rest of the week. Twenty one dollars went into the man's hand as he continued to look down and walk away in silence.

Every time I see a shiny quarter I think about the church basket and how that quarter dropped so softly in without me knowing how much it really meant. As I have grown old, I have seen people struggling to get by and realize what a difference a few dollars would make to their life. Sometimes when I drop my gift into the basket, I see the old man crippled up in sorrow and sadness. His image reminds me of how much difference a donation of time or money can make to others that are trying their hardest to make it through life with what they have been given. When thinking about all of your everyday problems have some concern for the sufferings and misfortunes of others before giving thanks for what you have and do your best.

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Calling All Opera Lovers

(continued from front page)

As for the Nabucco Overture, we have the case of an ancient Babylonian King, Nabucco was his name(same thing as Nebuchadnezzar), Ismaele, nephew of King Sedecia of Jerusalem, a character named Zaccaria, who is the High Priest of the Hebrews, Fenena, Daughter of Nabucco, Anna, Zaccaria's sister, various military personnel, Hebrews, Levites, courtiers, dignitaries, and other members of the hierarchy of the Babylonian court, including priests, and a chorus, of course *(no pun intended).

The play takes place in the Temple of Solomon, a big figure of his day. The Hebrews pray for relief from the siege of the Babylonian army. Their High-Priest Zaccaria is holding a hostage, to try the morale of the Babylonians. Fenena, as fate would have it, is in love with a Hebrew (she of course is Nebuchadnezzar's daughter).A jealous Abigaille, shamefully the sister of Fenena, vies with her sister for the love of Ismael, the Hebrew. In disguise, Abigaille traipses into the temple with a band of soldiers dressed as Hebrews to meet with Ismael (and save her sister, though for selfish reasons). She offers to Ismael a chance to do the hostage-release the easy way (she petitions her father, with no questions asked), or the hard way (she gets her sister accused of treason). Unfortunately, Ismael does not feel the same way and he spurns the smitten Abigaille.

In the end, the hard way wins out and Ismael refuses to stick up for his side, which gets his temple sacked by Nabucco's men. Nabucco is struck in the head by lightening, leading to false rumors that he is dead, but he really only goes mad. Nabucco crowns himself King, but declares that he is not only king, but "above God!" Once the lightening seizes him, Abigail steals the crown from him and declares herself Queen of Babylon. Once queen, she finagles the death warrants for her own sister, Fenena, and the rest of the Hebrews. Finally, in the last part, Abigaille has arrested her own father, Nabucco *(who has revealed the actual origins of his "daughter," only the daughter of a slave girl) arrives just in time to save his beloved daughter, and heiress to the throne, Fenena. All preparations are underway to execute Fenena in the hanging gardens, but her doting Father stops the deadly procession. The idol Baal, before whom all executions must take place, is destroyed. A temple is to be built to Jehovah, in thanks and for forgiveness. Abigail dies, graciously asking in turn for forgiveness from Fenena and the Hebrews.

Fierrabras, another passionate, dramatic, and fiery operatic story, this stars King Karl (a Frenchman), of Frankenreich, during the Crusades. A classic tale of love's expectations, Karl's daughter, Emma, is the apple of the eye of Knight Eginhard, who hopes through his valor to show that he merits the hand of Emma in marriage. However, as operas always require a twist, Fierrabras, who is a Moor, and also imprisoned by King Karl, loves Emma as well, and will not relinquish his fight for her hand. His sister, "Florinda," loves Roland, one of King Karl's knights. To further complicated matters, Karl (the Frank) sends off his trusted knight, Roland, to send a message to the Moors: Convert to Christianity, or all Hell will break loose (in other words, merciless, "War"). Karl's knights are defeated and held captive by Moorish (Spanish) prince Boland.

In vain, the damsel in distress of this picture, Ms. Florinda, begs for her father's clemency (to change his mind). In vain are her pretty hopes, however, as the circumstances are looking pretty dim for the (Frankish) prisoners. At the last minute, of course, Fierrabras, the Moorish knight, arrives, to save the day. He has converted to Christianity and has been released. Thus, peace is established in the East and in the West: Roland and Florinda marry, a West-Ostlicher union, and Eginhard espouses Emma. It is Fierrabras, the hero, who decides to ride off into the fading sunset, solo, letting bygones be bygones, rescinding his claim to Emma. All in all, peace reigns supreme in the kingdom.

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Hospice Resident Inspires Others by Sharing Legacy of Love

by Laurie Henrichsen

Those of us who are privileged to provide care and support as volunteer and paid staff members at Hospice of the Western Reserve are often inspired by the wisdom, strength and incredible dignity of our patients. It's what keeps us coming back. It's what makes hospice a calling, and not just another job. Such is the case with Malik, a current resident of our David Simpson Hospice House on E. 185th Street.

Malik suffers from Duchenne Muscular Dystrophy. He is currently bedridden and on an assisted breathing machine. Members of his hospice care team have repeatedly expressed how honored they are to care for this incredible young man. Recently, they joined Malik for a very special 19th birthday celebration for Malik and his twin sister complete with cake, handmade birthday cards, photos, family, friends and lots of love. It was a day to remember.

Malik, who was born on Feb. 15, 1996, has endured a very difficult life, including moving in and out of foster homes most of his life. He lost two brothers to the same disease, but is fortunate enough to have a healthy twin sister, Malikah, who has helped care for him.

As part of his legacy, Malik expressed a desire to share his story with others. Hospice of the Western Reserve volunteer Jerry Pockar of Euclid, who is also a gifted writer, worked with Malik to document his life story and personal values in a book. Hospice arranged to have it professionally bound and published so Malik could provide copies for his family and friends. The following words, condensed from the book, demonstrate that despite suffering beyond his years, Malik's spirit is one of hope, and his outlook remains positive. All those who have met Malik agree that he is a truly good and loving person. Hospice is honored to share his story here. The following account was written three years ago, when Malik was 16.

The Story of Malik

I'm a 16-year-old-young man working with a great challenge. Like my two older brothers Byron and Paul I have been chosen to deal with Duchenne Muscular Dystrophy, a devastating genetic illness, which shows up as a weakness of the muscles when a boy is around five or six and quickly gets worse. As I am still learning, the disease is my enormous burden but, strangely, I am also coming to learn it is my blessing.

Why do I say that? I say that because I think the illness with which I struggle 24 hours a day has taught me about life, about the preciousness of all souls and about the healing wonder of love. I am still learning how God's way can be mysterious and very difficult while remaining a path given to us so we can learn, grow and ripen as souls.

That's what I feel on a good day, maybe I should say in a good moment. On a day or a moment that are not so good, I am likely to be angry, scared, confused or in grief over how much I have lost and how difficult it is to bear the particular cross my older brothers and I have been chosen to bear.

During the most difficult years, both Malikah and I found a refuge from our situation in school. I spent more than eight years at Sunbeam School on Mount Overlook Avenue. On the basis of its standardized test results, Sunbeam has been rated as a "Great School." During all those years, school was a positive place to escape from the troublesome situations.

Malikah was helpful in my learning to read and write. I am grateful to her for that as I am for so much more that she has given me.

My good experience at Sunbeam has been repeated in a good experience at Lincoln West High School, thanks in part to several health aides and teachers I particularly like and who have been extremely good to me.

I haven't been at Lincoln nearly as long as I was at Sunbeam. At present, I get picked up at 7 a.m. and come back on the bus after 2.30 p.m. Lincoln has become home and is a community that has embraced and nourished me. It's my clear understanding that they like me at Lincoln because I am nice and a good person.

Altogether I spend just about 40 hours a week at school and traveling across the Cuyahoga River to school. That is the equivalent in hours of a full-time job, so I think it's obvious that school is a very important part of my life.

One positive foster home was on the West Side of Cleveland. That period lasted about a year and began in the late fall of 2010 and ended in the late fall of 2011. [My foster caregiver], a woman of less than 40 years of age who works as a nursing assistant, was a powerful blessing in Malikah's and my life.

"[She was our] our second mom," a title she earned. Malikah and I got whatever we needed from her. She is bright and works in the health care field so she was also able to open doors to other resources that benefited us. The experience of living with there for a year also led Malikah and me to begin coming out of the protective shells we had developed over the difficult years living elsewhere.

I have learned to speak up and ask for what I need. That alone has made things much better. I am also hard at work at forgiving those who have hurt me. I have made definite progress at doing that. I have made progress in so many ways. Yet, the big burden, my genetic illness, continues and has a tremendous impact on my life. Despite that, I try to stay positive and live well, one day at a time.

Hospice of the Western Reserve volunteer Jerry Pockar of Euclid spends time with Malik at his birthday celebration. Pockar, a writer, worked closely with Malik to record and publish a book about his life and values for Malik's friends and family.

Lori Scotese, Volunteer Service Manager, and a party guest make final preparations for a 19th birthday celebration at David Simpson Hospice House recently for Malik and his twin sister, Malikah.

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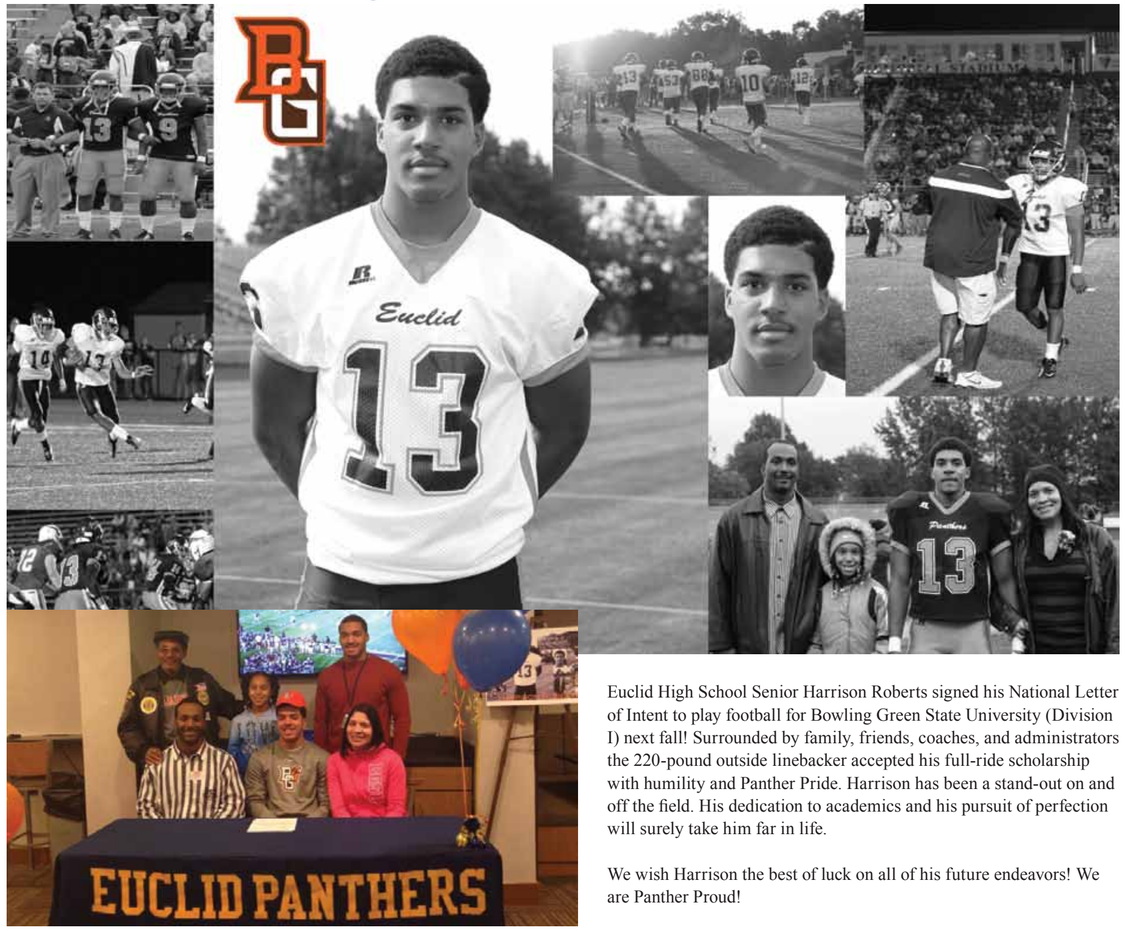
EUCLID CITY SCHOOLS

Harrison Roberts Signs National Letter of Intent with BGSU



Euclid High School Senior Harrison Roberts signed his National Letter of Intent to play football for Bowling Green State University (Division I) next fall! Surrounded by family, friends, coaches, and administrators the 220-pound outside linebacker accepted his full-ride scholarship with humility and Panther Pride. Harrison has been a stand-out on and off the field. His dedication to academics and his pursuit of perfection will surely take him far in life.

We wish Harrison the best of luck on all of his future endeavors! We are Panther Proud!

Advanced Biology Students Travel to the Cleveland Museum of Natural History

The Euclid High School Advanced Biology classes are studying the history of life, species adaptations and evolution. The Cleveland Natural History Museum has excellent displays and explanations regarding these topics, so it was a natural choice for a field trip. 35 students made observations, notes, drawings and took photos of various displays as they explored the vast amounts of artifacts. Upon returning to school, students worked in groups to summarize their findings and make short presentations based on their observations. This is another great example of how Euclid educators work hard to connect the classroom to the real world.

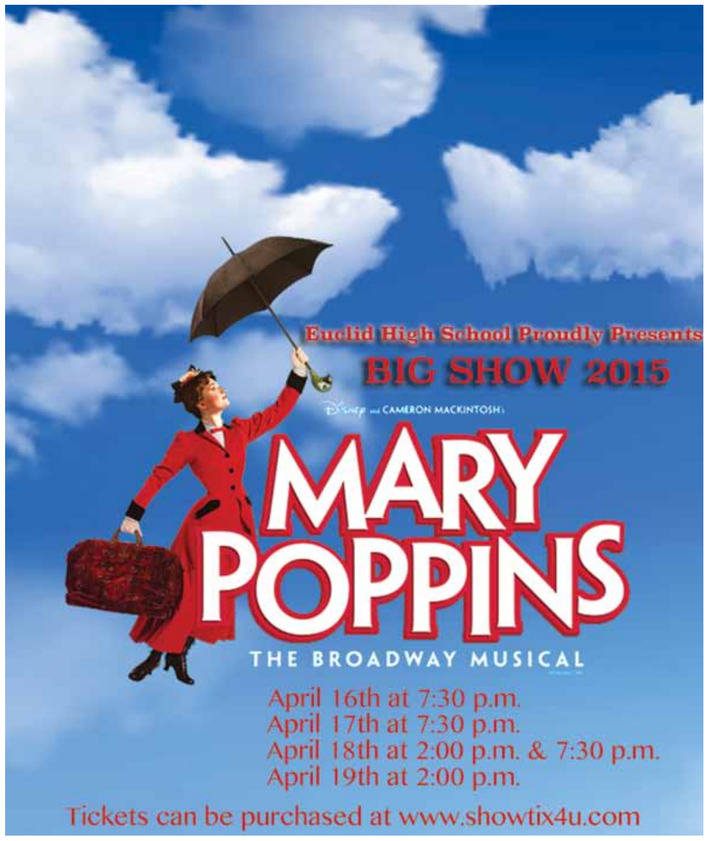
EUCLID CITY SCHOOLS

Lady Panthers Win LEL Championship

The Lady Panthers secured the Lake Erie League Championship by defeating the Bedford Bearcats at Euclid. In a complete team effort that saw the Panthers dominate the second half, sensational sophomore Calasia Cunningham scored 22, Rayjon Harris scored 12 and Rashida Harris threw in 10. Sophomore Celina Vuyancih was phenomenal defensively, as was junior Alexis Hoxie. Seniors Tiaundria Mitchell and Tomariah Whitner provided the floor leadership while Tiara Molson and junior Raquel Latimer played important minutes to provide a spark off the bench. The Panthers cut down the nets and are poised for a great run in the State Tournament.

Mark your Calendar

Mary Poppins will be flying into Euclid April 16-19th! Tickets are $12 for adults and $8 for students/ senior citizens. Order your tickets today at www.showtix4u.com.



Imagine Bella Academy of Excellence

COURAGE KNOWLEDGE OF SELF RECIPROCITY RESILIENCE COLLECTIVENESS

6th grade – It's Official!

Next year Imagine Bella will have 6th Grade! Thank you to all Imagine Bella families that expressed the desire for us to have 6th grade. All 6th grade students will be interviewed and a review of their academic and discipline records for joining the EXCLUSIVE 6th grade team. Current students in grades K-5 completed their Re-Enrollment form in February. Call Imagine Bella Academy of Excellence today at 216-481-1500 if you are interested in finding out about available spots for the 2015-2016 school year!

Happy Valentine's Day

Kindergarteners wait for Valentine's from their friends in Ms. Varney's class.

Valentine's Dance Party in Mrs. Kinder's Third Grade.

Fifth graders pass out Valentine's.

Ms. Caddick helps students pick their candygram.

Students in Ms. Kostyack's Kindergarten class pass out Valentine's.

Character Bowl Touchdowns

On the way for a touchdown.

During Super Bowl Season students kicked off the Imagine Bella Character Bowl. Each classroom had a football team and earned yards for being present and on time to school, turning in homework, and showing academic growth on STAR benchmark tests. In the cafeteria, football helmets showed where each class was on the football field as they tried to earn touchdowns for their team.

Friday Club Time!

Beginning Fall 2014, Friday clubs returned to Imagine Bella. Starting in February students were able to pick a new club. Returning favorites include Lego, Art, Choir, German, and Cross Fit Club. Check out the list of new clubs for 2015!

Bead Club
Chess Club
Coloring Club
Creativity Club
Drill team Club
Jigsaw Puzzle Club
Line Dance Club
Martial Arts Club
Office Helper Club
Puppet Club
Science Club
Spanish Club
String Bracelet Club
Video Game Club

Teacher Spotlight

Fifth Grade Teacher Mr. Leuszler shares out to the Imagine Bella Team

The chilly weather in 2015 resulted in school closures in the Cleveland area. With negative wind chill in the morning it was simply too cold for students to travel into school. Imagine Bella students were missing their regular daily in school tutoring through success time, guided reading, and math centers, but teachers were right on track. Teachers used the time when students were out to prepare blizzard bags, spruce up classrooms, and collaborate with other teachers on how to maximize learning time when the students returned.

Practice Test Resources

5th grade students track their progress with GetWaggle.

The following are great resources to prepare for state required tests for grades 3-5

PARCC Practice Tests in English Language Arts (ELA) and Mathematics
http://parcc.pearson.com/practice-tests/

Ohio Computer Based Assessments (OCBA)
Science and Social Studies Practice Test
http://oh.portal.airast.org/ocba/students-and-families/

GetWaggle
https://www.gogetwaggle.com/Log-in/11564613
Login password available from classroom teacher

Upcoming Dates

March 20th
3rd Quarter Ends

March 23rd
4th Quarter Begins

March 30th-April 6th
No School- Spring Break

Tuesday, April 21st
3rd Grade Spring Reading OAA

Ss. Robert and William

www.srweuclid.cc or www.srwschool.cc

Life Learning Love

Fr. John Betters receives his Hero Behind the Scenes Award from Obie Shelton. Photo from Pollack Studio.

Fr. John and Ellen Ivory celebrate his achievement at the English Oak Room, Tower City, Downtown Cleveland.

Go in Peace, Glorifying the Lord with Your Life

by Maureen Frydl

On March 22, 2015, Ss. Robert and William Catholic Parish, along with St. John of the Cross, will be welcoming Fr. Richard Fragomeni to lead us in a parish mission. It will be the beginning of an exciting four days for our parish family. "Go In Peace, Glorifying the Lord With Your Life," is the theme Fr. Fragomeni will speak on during this presentation. Go In Peace is an incredible opportunity to grow personally and as a faith community, making it possible for us to glorify the Lord with our lives in Euclid and beyond.

With the help of Pope Francis' The Joy of the Gospel, Fr. Fragomeni will open us up to what it means to be true disciples… not just something we add to our life, but making it our life…and the gift of sharing the good news.

So often we read of Jesus' need to take the time to go off by himself, to a quiet place, and connect with his Father. He knew what he needed to do if he was going to continue his mission. This program will offer you this opportunity so clear your calendar from March 22nd to March 25th. Day sessions are from 10:30 am until 11:45 am concluding with Noon Mass at Ss. Robert and William Catholic Church and the evening sessions start at 6:30 pm at St. John of the Cross Parish located at 140 Richmond Road, Euclid, Ohio 44143.

Come away and strengthen yourself for discipleship by joining us for all or individual parts of this mission.

Each session offers a unique message for the day and evening presentations. In the SRW gym, on Sunday, March 22, 2015, you are invited to enjoy a soup lunch with our presenter Fr. Richard Fragomeni at 12:30 pm. Everyone is asked to bring a loaf of bread to share. In order to help us prepare, reservations are required. Call the SRW Parish Office at 216.731.1515 or cfink@srweuclid.cc for more information and reservations. Ss. Robert and William Catholic Parish is located at 367 East 260th Street, Euclid, Ohio 44132.

Ss. Robert and William 5th Annual Fish Fry Fridays

by Maureen Frydl

Ss. Robert and William Catholic Parish is hosting its 5th Annual Fish Fry, held every Friday during Lent until March 27th, in the Upper Hall at Ss. Robert and William Catholic School. Enjoy an all you can eat dinner for a mere $12 dollars or take it to go for only $10. Come join our vibrant parish community, where you will experience fellowship, and fun all while indulging in baked battered dipped Alaskan Pollack, baked Atlantic cod, waffle fries, coleslaw, pasta marina, mac and cheese, and cookies with a beverage. Ala Carte items include homemade SRW pierogis, clam chowder, or breaded shrimp. Don't forget for an additional $1 you can top off your very tasty meal with an ice cream sundae complete with whip cream and toppings!

Returning again this year is our fish sandwich dinner, which includes french fries and coleslaw for only $6. We accept Mastercard, Visa, and Discover, no extra fees. Come for dinner, starting at 4:45 pm and stay for Mass and Stations of the Cross at 7:00 pm.

For more information, contact Ss. Robert and William Catholic Parish at 216.731.1515 or go to www.srweuclid.cc. Ss. Robert and William Catholic School is located at 351 East 260th Street, Euclid, Ohio 44132.

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OUR LADY OF THE LAKE SCHOOL
Pre-K through 8th Grade
Faith | Academics | Community

Our Lady of the Lake students appreciate the school's supporters

Successful Fundraiser Means More Opportunities for Our Lady of the Lake School

Our Lady of the Lake School held their annual Life on the Lake: Races and Raffles fundraiser on February 7, and it was a great success. The sold-out event raised more than $35,000 to support enrichment programs and educational technology, such as iPads and Chromebooks in classrooms, new Spanish language curriculum and an expanded music program. A tremendous team of volunteers, families, friends and neighbors came together to support quality Catholic education at Our Lady of the Lake School, and the students have been sure to let them know how much their support is appreciated.

Special thanks go to the following sponsors for their generous gifts:

Martin V Rini, Anonymous, William Jansa, George & Janet Voinovich, Richard Mott, Anonymous Donor II, Anne & Dean Petters, Mayor Bill & Mary Kay Cervenik, Frank & Mary Pat Dempsey, Bob Monroe, Euclid Hospital, Lake Catholic, Dr. Rich & Linda Holzheimer, Bill & Pat Monroe, John Monroe & Mary Cavanaugh,Father William - Ed & Shannon Jerse,Our Lady of the Lake Staff, Kate & Jim Petras, Tim & Molly Delaney, Suzanne Tanner, Tom & Cathy Gentile, Michael and Mary Kay Zbiegien, and the Simonis Family.

Visit Our Lady of the Lake School in March

Children considering kindergarten or preschool programs should visit Our Lady of the Lake School in March, for a chance to spend time in a classroom with current students and find out more about all the great learning opportunities available. Buddy Day will be March 13, and is open to any students entering preschool or kindergarten. For information, call (216) 481-6824.

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After School Program Makes Learning Fun

Ranger Allison Powell visited Our Lady of the Lake School's after care program recently, to teach the children about Log Cabin Presidents. She talked to the kids about what it was like to grow up in a log cabin, and shared fun activities: they constructed a mini log cabin out of foam logs, tried their hands at tabletop log cabin building, experimented with "combing" wool, and made simple dolls out of clothes pins and material scraps. They wrapped up this informative session with a presidential trivia game. After care director Debbie Barberio believes that when learning is fun, everyone is a winner, and looks forward to planning more fun activities to make sure that after school time is quality time at Our Lady of the Lake School.

Happy Start to 5th Anniversary Year

Our Lady of the Lake Parish kicked off its 5th Anniversary year on February 22, with a special Mass and reception featuring honored guest Bishop Pilla. It was a great way to celebrate community and spend time with friends both new and old. Afterward, Ron Humberson, a new parishioner joining Our Lady of the Lake Parish, said meeting the bishop made it "an amazing day". We agree, Ron! And we look forward to more celebrations with our friends and neighbors throughout this anniversary year.

Living Stations

In what has become a cherished tradition at Our Lady of the Lake Parish, our youth ministry group will once again present the Living Stations of the Cross in a moving and emotional journey through Jesus' last days on earth. This inspiring reenactment by our youth ministry group prepares our hearts as we begin our journey through Holy Week.

All are welcome to join us on Friday, March 27, at 8:00pm.

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Laparade, Inc. Raising the Village to Raise the Child

by Parris Rice

Laparade Early Learning and Training Center has been an established corporation since August 2005. Our mission is to "lift as we climb" and provide authentic quality childcare services to parents and provide an appropriate and engaging learning environment to children, while also, providing the early care community with a place, a hub to come and develop their own teaching efficacy, which would ensure our goal, which is that every child has a quality, educated early care provider, who is sensitive, teachable, authentic and responsive to their needs.

Laparade has three service components; one being a direct operated quality childcare center that services children 2 1/2 to 12 years of age. Laparade is one of only four star centers in the city of Euclid. Secondly, Laparade is an early care training facility; the center provides early care educators the 120 formal hours of training needed to start the National Childcare credential journey, and we offer several Ohio Approved Professional Development Trainings for pre-service and in-service early care educators. (ODE, ODJFS, and SUTQ)

Thirdly, Laparade is a lab school for persons who are seeking to change career fields and enter the field of early care education. These pre-service early care students need a quality center to complete their 480 hours of working directly with children and having a professional practitioner work side by side with these students, helping them with their career transition.

Laparade served as a grantee for two years for The Early Learning Initiative, through The Ohio Department of Education and Ohio Department of Jobs and Family services collaboration. The agency had 5 centers under their leadership. Laparade's staff has trained, mentored and advised over 500 early care educators in receiving their national credential, over the past 8 years. Our success rate has a 98% passage rate. Laparade has also been instrumental in helping several centers and or agencies in the early care field gain, train and retain quality early care educators, by providing quality ongoing training, and placement.

Laparade's senior role model trainer, Parris Rice-Sanders M.,S. ED has been in the field of early care education for over 35 years since her Euclid High School days , graduating vocational education class of 1982, under the leadership of Home Economic Teachers ; Mrs. Patricia Arko, and Mrs. Aetna Anderson. Mrs. Sanders completed her undergrad student teaching at Roosevelt elementary in Euclid, Ohio. Mrs. Sanders has taught in higher education at Cuyahoga Community College, Early Childhood Department for over 10 years.

Laparade Early Learning Center, located at 25000 Euclid Avenue, Euclid Place Business Plaza is the best kept secret in Euclid, Ohio for families looking for quality, authentic early care education. Laparade has recently received an early learning expansion grant to provide free preschool experiences to children ages 3-5 years of age. A new facility opens for out of school time care in the fall of 2014. Call (216) 731-8433 to schedule a tour of the facilities.

Alana, playing in the snow, with our naturalist, Mr Justin , from the shaker heights nature center.

Jessie, playing in the construction zone

Jordyn fingerpaining in art zone

Mrs. Rice, Lead Teacher and introducing the children to the class pet turtle, shelly.

Mrs Maureen , Euclid Library outreach partner, collaborating with staff conducting a parent education workshop on sleep routine.

Laparade's Senior Role Model Trainer , Parris Rice-Sanders

Upcoming Events

Become a Crusader for Euclid's Children

PreKindergarten Graduation at Kiddie City

by Sherrie Zagorc

Kiddie City Child Care Community started in 2006 by serving 40 children and employing 16 staff in our leased building on the corner of Wilmore and E. 200 St. In 2010, our expansion into the site of Sam's Barbershop on E. 200th Street increased our capacity to serve 72 children and employ 27 full and part time staff at our non-profit child care center. But, there's no more space. In the last two years we've turned away two hundred children and their families from receiving services that include Universal PreK and Head Start enhancements. It's time to grow and expand the four star Step Up to Quality center one more time to provide Euclid's youngest citizens with a great start in their educational careers. Consider being a Super Hero to our Super Kids! Invest in our GoFundMe campaign starting March 13, 2015 www.gofundme.com/kiddiecity or send a tax deductible donation to 20110 Wilmore Ave. Euclid 44123 to be used to furnish new classrooms, provide educational supplies, and beautify a new space to grow and learn. Attend or donate a raffle prize to our Funds for Fun Dinner, Dance and Raffle on Saturday, April 18, 2015. Thank you for your investment in Euclid's children! Kiddie City's Board of Directors: Christine Spikes (President), Sherrie Zagorc (Co-Founder), Sarah Dutkiewicz, Christopher Kakish, Angelique King, Anita Mallory, Meg McGarry, Donna Nycum, Keith Scheurman, Bridget Simenc, and Lynnore Walker and Jennifer Boger, Director www.kiddiecityeuclid.org 216-481-9044.

Think Summer, Beat the Streets Youth Summer Camp

by Stacey Minnillo

It's hard to imagine school being out, and warm summer days, but it's not that far away. If you are looking for something for your child to do this summer, why not send them to the Beat the Streets (BTS) Fun Day Summer Camp This is the third year for this camp located right here in Euclid. The camp was help at the Euclid Sports Plant the last two summers, but is now moving its location to Euclid Memorial Park, with its home base being the C.E. Orr Ice Arena. Campers will be dropped off and picked up from the ice arena. Moving to this new location will give the campers a chance to do more outdoor activities including swimming.

BTS was formed in 2010, with a purpose and goal to fill the void in the area of opportunities and activities for the youth in our community. With the unfortunate news of Euclid PAL dismembering we wanted to offer the youth a new program in which they could grow and participate in programs to keep them safe and off the streets.

The mission of Beat the Streets is to offer a wide range of programming that will help our youth develop a sense of self confidence, responsibility and pride in themselves as the go forward in life. We encourage the youth to participate in positive programs and keep them off the streets and out of trouble. We provide a safe and humbling environment to the members of the BTS organization. BTS is starting another season of AAU Basketball, and we are currently taking signups for the BTS Fun Day Summer Camp 2015. BTS is located inside the Euclid Sports Plant at 20001 Euclid Ave. in Euclid, Ohio.

Camp registration is open now and there is an ealry bird special that runs throug March 19, 2015. You can find out more information by visting the website at www.bts-youth.com or give us a call 216-925-6119. Don't miss out, sign up your camper today, and start looking forward to summer break!

Great Fish Fry at St. Mary's on Holmes

by Lauren Merkys

Dinner will be served on Friday's from 3:00 to 7:00 p.m. during Lent, except Good Friday. Fried ocean perch is $9, baked cod, shrimp, scallops or combos is $10. Dinners include home fries or french fries, coleslaw, bread/ butter, dessert, coffee/tea. Homemade macaroni and cheese dinners are $6 and a weekly featured homemade soup is $2. Takes out is available. St. Mary of the Assumption 15519 Holmes Ave. Cleveland. 216-761-7740.

"Pinkies Up" for Victorian Tea

by Chris Cipriani

According to whatscookingamerica.net, there was a practical reason for "pinkies up" when holding a teacup and it wasn't to display your upper-crust snob appeal. Originally teacups were made in China starting around 620 A.D. and they were small with no handles. To avoid spilling the hot tea, the pinkie was held up (slightly) to provide balance. While nowadays your cup may have a handle, you can still practice your best "pinkies up" move this month when Shore Cultural Centre holds their Victorian Tea fundraiser on March 29, 2015.

Display at Shore Cultural Centre highlights Victorian Tea on March 29th.

Bring friends, or make new ones, while enjoying tea and a light lunch. Learn about Victorian Tea Etiquette from speaker Janet Bird, Education Coordinator for The Lorain County Historical Society. Ms. Bird has been an educator for over twenty years, and speaks regularly on historical topics. Her informative and entertaining presentation will include a brief history of the origin of the afternoon tea, napkin etiquette, tea terminology, typical menu, and some teatime trivia. Enjoy music by Dennis Chandler, aka "Piano Man/Guitar Man – Cleveland's Musical Chameleon".

There will be fun raffles and prizes, including "pick-a-prize" baskets with themes such as "Garden", "Relax" and "Tea", just to name a few. Show your individuality by wearing a special hat and bringing your favorite cup, but don't fret – that aspect is optional!

The Victorian Tea will be held in the Culinary Bistro at Shore Cultural Centre on March 29, 2015 12:30 to 2:30 p.m. Tickets are $25 and can be purchased at www.shoreculturalcentre.com or in the Shore office, 216-289-8578. Advance ticket purchase is required by March 23, 2015 as there is limited seating. Shore Cultural Centre is located at 291 E. 222nd Street, Euclid, Ohio.

Polaris Westshore Career Fair

by Kathy Augustine

Cuyahoga County Job and Family Services and Polaris Career Center will be hosting the 2015 Polaris/Westshore Neighborhood Family Service Center Career Fair, at Polaris Career Center at 7285 Old Oak Blvd in Middleburg Hts, Ohio, 44130, on Wednesday, April 1, 2015, from 9:00 a.m. to noon.

This free event, designed to foster the development of a competitive and productive workforce, will provide a vital link between employers, job seekers, community organizations and government agencies. The 2015 Polaris/Westshore Career Fair will have more than 100 companies and 600 job seekers. In addition, representatives from Polaris, and local community based organizations will be on-hand, providing access to educational resources, job search assistance and much more.

The Career Fair is a collaborative effort between Cuyahoga Job and Family Services, Polaris Career Center, Westshore Neighborhood Family Service Center (NFSC), Middleburg Hts Chamber of Commerce, City of Middleburg Hts, Berea City School District, North Olmsted School District, City of Strongsville, Lakewood Family Collaborative and WIRE-Net.

For information http://www.cjfs.cuyahogacounty.us/. For additional information visit www.polaris.edu.

Free Half-Day Retreat Helps Grieving Teens by Uniting Them with Peers

Bridges of Courage, a free half-day retreat, provides support to grieving teens coping with the loss of someone special.

by Laurie Henrichsen

Are you aware of a young person who could use support on his or her grief journey? "Bridges of Courage," a free half-day retreat for teens, ages 14 to 17, provides support to adolescents who have experienced the death of a loved one by uniting them with peers who are also experiencing the death of a loved one. The retreat will take place at the Elisabeth Severance Prentiss Bereavement Center, located on Hospice of the Western Reserve's Lakeshore Campus, 300 East 185th Street, Cleveland, on Saturday, April 11, 2015 4:00 to 8:00 p.m. A dinner of pizza and salad will be provided. Space is limited, so early reservations are recommended. To register, contact Dominique Butler at 216.486.6287. (Registration cutoff date is April 6.)

"Teens often have special needs when coping with the death of a loved one, and may process their grief far differently than adults," explained Dominique Butler, school liaison, Hospice of the Western Reserve. "The retreat provides an opportunity for them to express their feelings, learn ways to cope, remember their special person who died, and meet others in their same age group who have also experienced loss."

Butler said activities are led by trained grief counselors who will help participants in a supported environment of peers who are experiencing the same pain. "A variety of activities - such as a drumming circle to explore and express feelings, yoga to help with the healing process and stories from a teen advocate, who will discuss living life fully following a loss – will encourage memories, coping skills and self-expression, and provide a way for teens to memorialize and honor their loved ones," she added. The retreat will end with a circle of support around a bonfire.

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Victorian Tea

Sunday March 29th, 12:30-2:30pm

Grab your favorite cup & special hat* and join us for tea and a light lunch!

Speaker Janet Bird from The Lorain County Historical Society will talk about Victorian Tea Etiquette, music by Dennis Chandler aka "Cleveland's Musical Chameleon", raffles & fun!

$25.00, limited seating . Purchase online www.shoreculturalcentre.com or in our office by March 23rd. *hats & cups optional, but welcome!

Benefits Shore Cultural Centre .

NEW Youth Theater Class

For ages 9-13 with or without prior performing experience. Join the fun this spring as the musical "Bullies Anonymous" takes the stage. Info & registration at www.shoreculturalcentre.com and select "Programs".

Red Cross Blood Drive

Monday March 9, 1pm—6pm in Auditorium

Sponsored by Community Tax Pros . Come to donate and receive $25 off tax prep service. $25 will be donated to the American Red Cross for every tax return prepared at the event. 1-800 RED CROSS.

Birthday party, anniversary celebration, baby shower, event or meeting being planned? Consider Shore Cultural Centre!

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Established Actor Darryl Lewis to Teach New Youth Theatre Class

Darryl Lewis, actor, singer, musician and instructor at Shore Cultural Centre.

by Chris Cipriani

Maybe you have heard about the benefits for youth that participate in theater? Words such as teamwork, empathy, self-esteem, confidence, vocabulary, creativity, and social skills are common in discussions among instructors and those involved with Youth Theater. Darryl Lewis, who holds a Master of Music in Performance and MFA in Acting from Kent Stage University, understands firsthand the benefits and looks forward to teaching a new youth theater class at Shore Cultural Centre. He began doing theater in junior high and still carries lessons learned from that time with him today.

The new class will be a mini-musical for ages 9 to 13, from beginner to experienced, with a story line about bullying. It is light in nature and geared for elementary children, however the topic is nonetheless important. "There are four very basic elements in the creation of theatre. You must have performers, an audience, a space, and most important something to say – an idea. The play Bullies Anonymous has something to say that is important. It addresses different types of bullying; social, physical and mental. It gives young children the tools needed to deal with bullying should it ever happen to them," states Mr. Lewis. He goes on to say while the play itself is an important lesson, so is the actual performing of the piece. "The ideas of working as a team, supporting each other, practice, memorizing lines, speaking in front of a large group of people; all these skills are valuable throughout a lifetime."

The students will be fortunate to work with Mr. Lewis who is an established NE Ohio actor. Mr. Lewis's many credits include being the winner of the 2011 Broadwayworld.com Equity Actor of the Year award, 1st place winner of the National Association of Teachers of Singers at Cleveland State. He has been seen on stage as Donald in You Can't Take it With You at the Curtis Wright Theater, Heracles in Sondheim's The Frog at Cain Park, and Mr. Fezziwig in the 24th Annual Great Lakes Theater Festival production of A Christmas Carol at the Ohio Theater in Playhouse Square. His baritone voice has been heard at the Chautauqua Opera, Michigan Opera, Rome Opera Festival in Roma, Italy, just to name a few and singing the National Anthem for the Cleveland Browns and the Cleveland Indians. In addition, he was in an episode of the Drew Carey Show.

The Bullies Anonymous theater class is at a special fee of $90, ages 9 to 13, and begins April 10th. This program is supported in part by the residents of Cuyahoga County through a public grant from Cuyahoga Arts & Culture. To learn more about the new class, or to register visit www.shoreculturalcentre.com/theater. Shore Cultural Centre is located at 291 E. 222nd Street, Euclid, Ohio, telephone 216-289-8578.

Euclid Art Association Meeting

by John Copic

Euclid Art Association meeting

7p.m. April 6, 2015 at
East Shore Methodist Church in Fellowship Hall
23002 Lake Shore Blvd.
Euclid, Ohio 44123

Mural artist, John Troxell, will be our guest for a demo.

EuclidArt.com

Taking the Next Step: Event for Nursing Students

by Sabrina Powers

Cleveland Clinic's Zielony Nursing Institute and the Cleveland Council of Black Nurses are holding, After Nursing School: Taking the Next Step, on Saturday, March 21, 2015 from 9:00 a.m. to 12:15 p.m. at South Pointe Hospital, 20000 Harvard Road, Warrensville Heights, 44122.

The informational session will cover Cleveland Clinic's Zielony Nursing Institute application process, interview preparation and what to expect in the first 90 days of employment. Speakers include Chief Nursing Officer for Cleveland Clinic's South Pointe Hospital, Sheila A. Miller, MSN, MBA, RN and the President of Cleveland Council of Black Nurses, Peter Jones.

Registration and breakfast begin at 8:30 am. To register, visit clevelandclinic.org/AfterNursingSchool

Cleveland Clinic is proud to be an equal opportunity employer, recently honored by Minority Nurse magazine as a Top 25 Nursing Employer.

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